

# 10 Faced Rudraksha – Symbol of the 10 incarnations of Bhagwan Narayana (Vishnu)

ॐ नमः शिवाय

"दशवक्त्रं दशदिशं दशावतार स्वरूपिणम्।  
सर्वकार्यं सिद्धिदं तं रुद्राक्षं नमाम्यहम्॥"

## What is Ten Mukhi Rudraksha?

10 Mukhi Rudraksha is considered to be the symbol of Lord Vishnu. This Rudraksha is considered to be the ruler of ten directions and protects from all kinds of negative influences. Each of its faces represents the ten incarnations of Lord Narayana. It is considered to be a symbol of peace, prosperity and security.

10 Mukhi Rudraksha is the blessing of Lord Vishnu, who is a part of the Trimurti Gods, who are said to be the creator of the universe. This Rudraksha has 10 natural vertical lines on its surface from top to bottom. This is **a Rare Type of Rudraksha**, which is mostly found in Nepal and Java. This Rudraksha being the form of Vishnu Ji, spreads the influence of the wearer in all ten directions. Although this Rudraksha does not have any ruling planets, as it works towards eliminating the negative effects of all planets on human life. This Rudraksha is known to balance the seven chakras of the body, for practicing Tantra Mantra. Actually Lord Vishnu is considered to be Dashavatara, so this Rudraksha has the blessings of 10 deities. This Rudraksha protects from evil powers like ghosts, Dakinis and Pishachini.

According to Vedic astrology, planets affect the lives of humans. Since the planets are always moving, in terms of astrology, this transit occurs from one zodiac sign to another from time to time. The movement of some planets is slow while the movement of some planets is fast. All these planets keep changing their behavior negatively and positively with every transit.

## How did the 10 Faced Rudraksha originate?

According to the scriptures, the origin of the 10 Faced Rudraksha is believed to be from the tears that came out of the eyes of Lord Shiva. It appeared to spread energy and positivity in the universe. It is considered to represent Dashavatara, which symbolizes the ten incarnations of Lord Vishnu (Matsya, Kurma, Varaha, Narasimha, Vamana, Parashurama, Ram, Krishn, Buddha, and Kalki).

In physical terms, Rudraksha are the seeds of the Elaeocarpus Ganitrus tree, which is grown primarily in regions with spiritual heritage, including the Himalayas, Indonesia and parts of Southeast Asia. In Sanskrit, 'Rudraksha' means 'Tears of Rudra' - a name for Lord Shiva.

Ancient texts describe these beads as powerful spiritual tools that aid meditation, mental clarity and well-being. The Rudraksha tree is found in high-altitude, tropical forests. Mainly found in Nepal, India and Indonesia, this Rudraksha requires specific environmental conditions such as high humidity and moderate temperatures. White flowers bloom on the tree, which later turn into fruits. When the fruit dries up, the seed, known as Rudraksha, is obtained.

### **Who can wear 10 Mukhi Rudraksha?**

The 10 Mukhi Rudraksha can be worn by people especially **affected by the planet Ketu**. It is also beneficial for those who are facing problems like mental disturbance, accidents, or fear. Those whose zodiac sign has negative effects, such as Capricorn, Cancer, or Gemini.

### **Which zodiac sign has a great effect of 10 Mukhi Rudraksha?**

It is especially beneficial for Capricorn. It provides mental peace and stability to the people of Cancer and Gemini zodiac.

### **Benefits of Ten Mukhi Rudraksha**

*The following benefits are obtained by wearing **Ten Mukhi Rudraksha**:*

- Provides mental peace and balance.
- Protection from accidents, enemies, and negative energies.
- Brings wealth, happiness, and prosperity in life.
- Increases self-confidence and decision-making ability.
- Removes the inauspicious effects of Ketu planet.
- It reduces the ill effects of black magic.
- It helps in curing the negative effects of planets on the wearer.
- It protects the holder from premature death or unnatural death.
- It is also used to reduce Vastu Dosh or any other Vastu related problems in the house.
- It helps in removing the negative environment, ghost and vampire powers around the wearer.
- It helps in finding direction in life.
- It helps in solving problems like insomnia and instability of mind.
- It removes pessimistic thoughts in the wearer.
- It helps in overcoming legal disputes.
- It helps in strengthening the immune system.
- It helps in treating skin and stomach related issues.
- It also helps in curing sexual disorders.
- It helps in providing peace and security in all aspects of life.
- It boosts your confidence and works to maintain harmony in professional and personal life.
- It increases the sense of security in the person.

- It helps to enhance creativity in a person and achieve excellence.
- It helps to strengthen the nervous system.

### **Who should not wear it?**

- Pregnant women or small children should avoid wearing it.
- Those who find it difficult to follow the rules of Rudraksha in their life should not wear it.

### **Method of wearing 10 Mukhi Rudraksha**

#### ***Right day of wearing***

- It is best to wear it on Monday, full moon, or auspicious time of Ketu planet.
- Preparation before wearing
- Keep it in Gangajal or pure water for 24 hours.

#### ***Worship Lord Shiva or Vishnu.***

- Chant the mantra "Om Hreem Hreem Namah" or "Om Namah Shivaya" ("ॐ ह्रीं ह्रीं नमः" या "ॐ नमः शिवाय") 108 times.

#### ***Place of wearing***

- It should be worn around the neck, in a red or white thread.
- It can also be worn in silver, gold, or panchdhatu beads.

### **Can it cause any harm?**

If the ten-faced Rudraksha is not worn with purity and proper rules, it is not fruitful. If it is worn improperly or with an impure mind, it can cause mental imbalance. If the wearer does not follow its rules, it does not give any benefit.

### **Properties and colors of ten-faced Rudraksha**

Ten-faced Rudraksha has ten natural stripes or faces. Its main properties and colors are as follows:

#### ***Properties***

- Every face of the ten-faced Rudraksha is equally developed and has ten streams or lines.
- It is extremely rare and powerful.
- It has the amazing ability to eliminate negative energies and increase positive energies.
- It provides self-confidence, patience, and decision-making power to the person.

#### ***Color***

- Naturally it is available in light to dark brown or red colors.
- Sometimes its color can also range from shiny brown to dark black.

## **Religious and Spiritual Significance**

### ***Form of Lord Vishnu***

- Ten Mukhi Rudraksha is the symbol of Lord Vishnu and his ten incarnations.
- By wearing it, a person receives Vishnu-Kripa and attains Dharma, Artha, Kama, and Moksha.

### ***Protector of Ten Directions***

- The person wearing it receives protection from ten directions.
- It protects from all kinds of fears, enemies, and accidents.

### ***Significance of Mantra***

- Wearing it with the chanting of “Om Hreem Hreem Namah” and “Om Namah Shivaya” ("ॐ ह्रीं ह्रीं नमः" या "ॐ नमः शिवाय") mantra is considered very auspicious from the religious point of view.

## **Spiritual Significance of 10 Mukhi Rudraksha**

- It purifies the soul of a person and increases spiritual awareness.
- Helps in bringing concentration in meditation and yoga.
- It is helpful in Kundalini awakening and calms the mind of the seeker.
- Coming in contact with Rudraksha elevates one's consciousness and reduces mental stress.

## **Astrological Benefits**

*The following are the major astrological benefits of the 10 Mukhi Rudraksha:*

### ***Effect of Planet Ketu***

- The 10 Mukhi Rudraksha mainly eliminates the negative effects of the planet Ketu.
- Those who have Ketu in a low position in their horoscope can wear it.

### ***Destruction of Negative Energies***

- Wearing it gives relief to the native from Nazar Dosh, Kalsarpa Dosh, and Pitra Dosh.
- It eliminates unnecessary fear, ghost obstruction and mental problems.

### ***Wealth and Prosperity***

- It stabilizes the financial affairs of a person and helps in acquiring new wealth.

## **Importance in Vastu Shastra**

According to Vastu Shastra, keeping the Ten Mukhi Rudraksha in the home and workplace brings positive energy and peace. Its Vastu benefits are as follows:

- Keeping the Ten Mukhi Rudraksha in the home, office or place of worship brings in positive energy.
- Keeping it at the main entrance or in the north direction reduces the effect of evil forces.
- It is considered useful for building construction or Vastu Dosh Nivaran.
- It keeps the home environment peaceful and sacred.

### **Health and Wellness Benefits**

Wearing the Ten Mukhi Rudraksha has many health benefits. It is beneficial for both body and mind.

#### ***Mental Health***

- It reduces stress, anxiety, and depression.
- Improves mental clarity and concentration.

#### ***Physical Health***

- It balances the heart, blood pressure, and nervous system.
- It strengthens the immune system and reduces fatigue.

#### ***Medical Benefits***

- Ten Mukhi Rudraksha is helpful in reducing skin problems, headaches, and bone diseases.
- Wearing it improves sleep and relaxes the mind.

#### ***Spiritual Healing***

- It balances the energy chakras.
- It helps in bringing positive changes in one's life.

### **Points to Note**

- Always wear it with purity and reverence.
- Do not let anyone else touch it.
- Do not consume intoxicants and non-vegetarian food while wearing it.

**Ten Mukhi Rudraksha is not only a spiritual tool, but it also has beneficial effects in all aspects of life. Wearing it can fill one's life with wealth, health, and peace.**

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