

# **Six Mukhi Rudraksha – Symbol of Lord Kartikeya**

ॐ नमः शिवाय

"षण्मुखो रुद्ररूपश्च सर्वसिद्धिप्रदायकः।  
मंगलेन साध्यते चैव सर्वान्कामान् प्रयच्छति॥"

## **What is Six Mukhi Rudraksha?**

The Six Mukhi Rudraksha is a divine and important Rudraksha originated from the part of Shiva, which is considered extremely auspicious from religious and astrological point of view. This Rudraksha has six faces (masks), and is considered to be the form of Lord Kartikeya (son of Shiva-Parvati). The Six Mukhi Rudraksha contains the energies of Vishnu, Mahadev, and Kartikeya, which gives courage, strength, and stability to the wearer. This Rudraksha is especially worn for mental and physical benefits.

## **How did the Six Mukhi Rudraksha originate?**

According to mythological beliefs, Rudraksha originated from the tears of Lord Shiva. The Six Mukhi Rudraksha is especially considered to be a symbol of Shiva's son Kartikeya, whose valor, strength, and power are contained in it. It is considered a boon for those who want to increase courage and strength. It is ruled by Lord Kartikeya who is the eldest son of Lord Shiva and Parvati. Kartikeya was born to kill the demon Tarakasur who had terrorized the entire heaven and earth. 6 Mukhi Rudraksha is related to the planet Mars but is ruled by the planet Venus. 6 Mukhi Rudraksha is considered to be the manifestation of the three goddesses Saraswati, Lakshmi and Parvati. It blesses the wearer with immense virtues.

In physical terms, Rudraksha are the seeds of the Elaeocarpus Ganitrus tree, which is grown primarily in regions with spiritual heritage including the Himalayas, Indonesia and parts of Southeast Asia. In Sanskrit, 'Rudraksha' means 'Tears of Rudra' - a name for Lord Shiva. Ancient texts describe these beads as powerful spiritual tools that aid meditation, mental clarity and well-being. The Rudraksha tree is found in high-altitude, tropical forests. Mainly found in Nepal, India and Indonesia, this Rudraksha requires specific environmental conditions such as high humidity and moderate temperatures. White flowers bloom on its tree, which later turn into fruits. When the fruit dries up, the seed, known as Rudraksha, is obtained.

## **Who can wear Six Mukhi Rudraksha?**

The Six Mukhi Rudraksha is associated with the planet Mars, which is considered a symbol of courage, strength, confidence and health. This Rudraksha helps in reducing the inauspicious effects of Mars and enhances its positive effects.

## **Which zodiac sign is widely influenced by the Six Mukhi Rudraksha?**

People influenced by Mars, especially Aries and Scorpio zodiac signs can wear it.

## **Benefits of Six Mukhi Rudraksha**

Wearing the Six Mukhi Rudraksha has the following benefits:

- Increase in courage and self-confidence - It increases courage in a person and strengthens the sense of self-confidence.
- Health benefits - It is considered beneficial in blood-related problems, such as blood pressure, and heart-related disorders.
- Peace and Balance – It provides mental peace, reduces stress and provides stability to the mind.
- Wealth and Prosperity – Wearing it improves money matters and increases prosperity.
- Helpful in making bold decisions – It enhances the decision-making ability and is especially beneficial for individuals who are in leadership roles.
- It enhances the charm of the wearer.
- It enhances the wisdom in the individual to think intelligently.
- It grants intelligence and a stable mind.
- It enhances the oratory skills of the individual and enhances artistic qualities.
- It controls the influence of planet Venus.
- It helps in controlling diabetes of the wearer.
- It helps in curing gynaecological problems.
- It helps in strengthening the muscles and nerves.
- It enhances willpower and mental stability.
- It makes a person witty and charming.
- It helps in making the marital life of the wearer happy.
- It helps in curing sexual problems of the wearer.
- It also helps in overcoming legal problems of the wearer.
- It helps a person to recover from emotional trauma and removes sadness from life.
- The wearer can get rid of feelings like self-hatred, irritation and anger.

## **Who should not wear it?**

Generally, the Six Mukhi Rudraksha is considered safe and beneficial for all. There are no special adverse effects in wearing it, and it can be worn by people of all ages and all backgrounds. However, it is advisable to consult a qualified astrologer or guru before wearing the Rudraksha, to ensure that the horoscope and the current circumstances of the native are compatible with this Rudraksha.

## **How to wear Six Mukhi Rudraksha**

- **Take care of purity:** Before wearing the Rudraksha, bathe it with pure water or Gangajal.
- **Chant mantra:** Wear it while chanting one rosary of "Om Namah Shivaya" or "Om Hreem Hreem Hum Phat Swaha".
- **Time:** Wear it after bathing on Monday or Tuesday.

- **Wearing :** Keep it in direct contact with the skin, so that its energy can be absorbed to the maximum. It is considered best to wear it around the neck with a red thread or gold chain.

### **Can it cause any harm?**

There is no serious harm from Six Mukhi Rudraksha. But if it is worn carelessly or by someone in the wrong way, then its effect can cause instability. If Six Mukhi Rudraksha is worn without proper consultation and method, then it can make the person experience instability, anger, and mental stress. Therefore, it should be worn only after consulting an expert. To keep the effect of Mars calm, one should chant appropriate mantras and take care of cleanliness.

### **Properties and colors of Six Mukhi Rudraksha**

- **Color:** The color of Six Mukhi Rudraksha can range from light brown, dark brown to light red. This Rudraksha is round and slightly rough in shape, and has six natural lines.
- **Properties:** This Rudraksha is especially full of positive energy of Mars and increases courage, energy, and mental strength in the wearer. It has the effect of fire element, which provides strength and vitality to the wearer.

### **Religious and spiritual significance**

- **Form of Lord Kartikeya:** According to religious belief, Six Mukhi Rudraksha is considered to be a symbol of Lord Kartikeya, who is the god of war and courage. Wearing it brings blessings of Lord Kartikeya.
- **Blessings of Lord Shiva:** Wearing this Rudraksha brings blessings of Lord Shiva and eliminates negativity from the person's life.
- **Helpful in Sadhana and Meditation:** This Rudraksha helps in Sadhana, meditation, and spiritual progress. Wearing it brings desired benefits in meditation and Sadhana.
- **Increase in wealth:** From a religious point of view, it is considered to be a factor of economic prosperity and success. It brings concentration and peace of mind while worshipping.

### **Astrological benefits**

Six Mukhi Rudraksha is considered to be especially effective for Mars from an astrological point of view. Wearing it brings the following astrological benefits:

- **Balance of Mars:** For those in whose horoscopes Mars is in an inauspicious place or is highly influential, this Rudraksha balances the Mangal Dosha.
- **Increase in patience and self-confidence:** Due to the auspicious effect of Mars, self-confidence, courage, and stability increases within every person.
- **Reduction in anger and rage:** Wearing this Rudraksha brings peace in a person and he can control anger.
- **Development of positive energy:** Wearing the Six Mukhi Rudraksha develops positive energy around the person and increases the chances of success in every task.

## **Importance in Vastu Shastra**

In Vastu Shastra, the Six Mukhi Rudraksha is used to maintain peace and positive energy in the house. Keeping it in the house or at the place of worship has the following benefits:

- **Peace and prosperity in the house:** Keeping it in the house eliminates all kinds of negativity and brings prosperity and peace in the house.
- **Reduction in disputes and tensions:** The positive energy generated by the Six Mukhi Rudraksha increases love and mutual understanding among the family members and reduces disputes in the house.
- **Removal of Vastu Dosh:** The Six Mukhi Rudraksha is helpful in removing Vastu Dosh, especially the Vastu Dosh related to the South direction.
- **Success in business:** Keeping it in the office brings stability and growth in business.

## **Health and Wellness Benefits**

Wearing 6 Mukhi Rudraksha brings many health benefits. It is helpful in improving mental and physical health. Its major health benefits are as follows:

- **Blood pressure control:** Wearing it keeps blood pressure balanced and provides relief from heart related problems.
- **Strengthening of muscles and joints:** It strengthens muscles and joints and increases physical strength.
- **Reduction in mental stress:** It provides mental peace and helps in relieving stress, anxiety and depression.
- **Increase in memory and concentration:** Chhah Mukhi Rudraksha increases the power of the mind, which improves memory and concentration.
- **Balance and stability:** It helps in keeping the mind of a person balanced and stable, which facilitates decision making.

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