

# **Nine Mukhi Rudraksha – Symbol of nine forms of Goddess Durga**

ॐ नमः शिवाय

" नवमुखं महादेव्याः स्वरूपं सर्वमंगलम्  
नवदुर्गामयी रुद्राक्षं सर्वसौभाग्यवर्धनम् "

## **What is Nine Mukhi Rudraksha?**

Nine Mukhi Rudraksha symbolizes the nine forms of Goddess Durga. It is considered to provide strength, energy and courage. This Rudraksha has nine faces (stripes), and nine powers (Navadurga) of Maa Durga reside in it. Wearing it brings energy, strength and confidence in a person's life.

9 Mukhi Rudraksha has 9 natural vertical lines on its surface. This Rudraksha is found mostly in Nepal and Java. This is also the favorite Rudra bead of Mother Shakti and Navmukhi Rudraksha is representative of Goddess Durga endowed with Navshakti. The blessings of Kapil Muni and Bhairav Dev keep showering on this Rudraksha. It is specially worn as a protective shield, which protects the wearer from all kinds of evil forces, black magic and negativity. It provides power and energy to the wearer. The ruling planet of 9 Mukhi Rudraksha is Ketu .

Unlike other Rudrakshas which display some or the other form of Lord Vishnu, but this bead represents the power of Maa Durga. This Rudraksha is also considered as a home remedy to ward off any kind of negative effects of cruel planets. According to Vedic astrology, planets affect the lives of human beings. Since planets are always moving, in terms of astrology, this transit occurs from one zodiac sign to another from time to time. Some planets have a special influence on the life of humans. Some planets move slowly while others move fast. All these planets keep changing their behavior negatively and positively with every transit. The exit of a zodiac sign can only be predicted by an expert astrologer.

## **How did the nine faced Rudraksha originate?**

According to the scriptures, Rudraksha was born from the tears of Lord Shiva. Nine Mukhi Rudraksha was given by Maa Durga as a boon for the welfare of the devotees. This Rudraksha in the form of Navdurga embodies all the powers that are responsible for the welfare of life. Provides assistance to the individual in various fields.

In the physical context, Rudraksha is the seed of the Elaeocarpus Ganitrus tree, which is mainly grown in regions with spiritual heritage including the Himalayas, Indonesia and parts of Southeast Asia. In Sanskrit , 'Rudraksha' means 'tears of Rudra' - a name for Lord Shiva. Ancient texts describe these beads as powerful spiritual tools that aid meditation, mental clarity and well-being. Rudraksha Tree Found in high altitude, tropical forests. Mainly found in Nepal, India and Indonesia, this Rudraksha requires specific environmental conditions like high humidity and moderate temperature. White flowers bloom on its tree, which later turn into fruits. When the fruit dries up, the seed, known as Rudraksha, is obtained.

## **Who can wear Nine Mukhi Rudraksha?**

According to the planet, this Rudraksha is related to the planet Ketu. If Ketu planet is present in one's horoscope, then the Rudraksha is related to the planet Ketu. If it is inauspicious, then this Rudraksha can change it into auspicious effect. It is beneficial to wear it during the Mahadasha and Antardasha of Ketu planet.

## **On which zodiac sign does the nine-faced Rudraksha have a wide effect?**

According to the zodiac:

- It is beneficial for all zodiac signs Suitable for.
- It is considered highly beneficial especially for Sagittarius and Pisces natives.

Generally:

- It can be worn by those who feel lack of courage, strength and morale in their life.
- It can be worn by students, artists, people in management, and spiritual seekers.

## **Benefits of Nine Mukhi Rudraksha**

Wearing Nine Mukhi Rudraksha provides the following benefits:

- **Religious and Spiritual Benefits:** With the blessings of Goddess Durga, this Rudraksha removes all kinds of fears, negativity and obstacles. It helps in the spiritual progress of a person.
- **Remedy for Planetary Defects:** It eliminates the inauspicious effects of planet Ketu. Wearing it removes mental disturbance, confusion and instability caused by Ketu in the horoscope.
- **Physical and Mental Health:** It relieves stress, depression and psychological problems. Reduces disorders. Strengthens the heart and nervous system.
- **Financial and professional benefits:** This Rudraksha is believed to bring success in business and career. Increases wealth and property.
- **Increases courage and confidence:** It Promotes courage and confidence within the individual. Provides the ability to tackle any challenge or problem.
- It makes the wearer confident and powerful.
- It removes the fear of time from the mind of the wearer and gives him freedom to live freely.
- It helps in removing the cruel effects of planets Ketu and Rahu.
- It blesses women to gain physical and mental strength
- It is recommended for career oriented women
- It cures stomach related problems
- It also helps in curing body pain, allergies affecting the skin
- It boosts self confidence in the wearer.
- It helps to keep a check on Kaal Sarpa Dosha
- It helps to establish a connection with the universe by healing the Sahasrara Chakra
- It keeps negative energies away from the wearer
- It helps to ward off all kinds of enemies
- It helps to destroy all the sins and worries of the person and connects him with Goddess Durga.
- It associates the wearer with bravery, courage and endurance.

- It helps to make the wearer positive and dynamic.
- It helps to improve the functioning of the brain and nervous system.
- It helps to treat dizziness and vertigo problems.
- It helps to overcome phobias, worries and hallucinations in the person.
- It helps to maintain a balance between worldly affairs and spiritual life.
- It helps to treat epilepsy in the person.
- It helps to overcome depression and physical weakness of the Rudraksha wearer.

### Who should not wear it?

- People who do not believe in Goddess Durga or Shakti.
- Those who have difficulty in maintaining pure conduct.
- People with negative thinking or those who wear it for evil purposes.

### How to wear Nine Mukhi Rudraksha

- **Time:** It is considered auspicious to wear it on an auspicious day, especially during Navratri, or on Mondays and Fridays. Wear it at sunrise in Shukla Paksha.
- **Worship and purification:** Purify it by washing it with Gangajal or pure water. Worship Lord Shiva and Maa Durga.
- **Mantra chanting:** While wearing it, chant the following mantra 108 times: "Om Hreem Hum Namah" "ॐ ह्रीं हुं नमः" **Durga Mantra:** "Om Dum Durgaye Namah" दुर्गा मंत्र: "ॐ दुं दुर्गायै नमः"
- **Place:** Wear it around the neck in a red thread or silver chain. It can also be tied on the right wrist.

### Special precautions

- Avoid non-vegetarian food and intoxication while wearing it.
- Purify it regularly with Gangajal.
- After removing it, keep it in a proper place and do not disrespect it.

### Can it cause any harm?

If it is worn in an impure state, it can give inauspicious results. Not following discipline and purity while wearing it can be harmful. It is not advisable to wear it without the advice of an astrologer, especially if Ketu Dosha is more dominant.

### Properties and Colors of Nine Faced Rudraksha

#### Properties:

- Nine Faced Rudraksha represents the nine forms (Navdurga) of Goddess Durga.
- It provides courage, strength and mental stability to a person.
- This Rudraksha maintains the balance of energy and removes obstacles in life.
- Wearing it ensures spiritual advancement and material prosperity of a person.

#### Color:

- Its color ranges from light brown to dark brown and sometimes reddish.

- The nine stripes are clearly visible on the natural nine-faced Rudraksha.

## Religious and Spiritual Significance

### Religious Significance:

- It is a symbol of Goddess Durga and her nine forms.
- By wearing it, the devotee gets the blessings of Maa Durga and is free from all kinds of fear and negative energies.
- It paves the way for spiritual advancement along with strength and courage.

### Spiritual Significance:

- It purifies the mind of a person and helps in meditation.
- By wearing it, the Kundalini Shakti is awakened.
- It establishes a balance between material and spiritual progress.

## Astrological Benefits

The major astrological benefits of Nine Mukhi Rudraksha are as follows:

- **Graha Dosh Nivaran:** It reduces the ill effects of planet Ketu. In the Mahadasha and Antardasha of Ketu, this Rudraksha protects the person from mental disturbance, confusion, and instability.
- **Auspicious effects:** Improves decision making ability and discretion. Wearing it makes a person fearless and full of confidence. It helps a person to maintain a balance in spiritual and material life.
- **Wealth and Prosperity:** It brings success in business and career. Wearing it increases wealth. Importance in Vastu Shastra.
- **Destruction of negative energy:** Keeping it in the house, place of worship or work area eliminates negative energy. It increases the flow of positive energy.
- **Vastu Dosh Nivaran:** It eliminates the disturbance caused due to Vastu Dosh. Installing it in the house maintains happiness and peace in the family.
- **Safety and Protection:** It provides physical and mental protection to the person. Keeping it maintains peace and prosperity in the house.

## Health and Wellness Benefits

**Physical Health:** It is helpful in controlling heart diseases. Provides relief from skin diseases and allergies. It balances the nervous system.

**Mental Health:** Reduces stress, anxiety, and depression. Improves focus and mental stability. It eliminates negativity within the individual.

**Spiritual Health:** It promotes confidence, patience, and positive thinking. Aids meditation and sadhana.

## Special Precautions and Tips

- Before wearing the Nine Mukhi Rudraksha, purify it with Gangajal or pure water.
- Wear it by chanting the mantras of Goddess Durga.
- Wear it around the neck in a red thread or silver chain.
- Avoid non-vegetarian food, alcohol, and any impure work while wearing it.

**The Nine Mukhi Rudraksha symbolizes the blessings of Goddess Durga and is helpful in increasing courage, strength, and confidence in life. It is extremely beneficial for mental, physical, and spiritual health. Wearing it properly brings peace, prosperity, and positivity in a person's life.**

**"We are fully committed to providing pure and certified Rudraksha to our customers. All our Rudraksha are made available only after testing and certification in a state-of-the-art lab, giving you complete assurance of quality and purity."**

