

# Three Faced Rudraksha – Symbol of Agni Devta

ॐ नमः शिवाय

"त्रिमुखं तत् त्रिदेवाय त्रिगुणाय त्रिकर्मणे।  
अग्निस्वरूपाय नमो नमः।"

## What is Three Faced Rudraksha?

The Three Faced Rudraksha, also known as Trimukhi Rudraksha, is a special type of sacred bead, which has three natural lines or faces. It is considered to be the symbol of the Agni Devta and it symbolizes purity, self-purification, and mental peace. The person wearing the Three Faced Rudraksha gets freedom from all kinds of sins and experiences positive energy in life.

## How did the Three Faced Rudraksha originate?

According to ancient stories, the Three Faced Rudraksha is related to the Fire God. It is described in the Shiv Puran that this Rudraksha has the power of purification like fire and the person wearing it gets freedom from all sins. Apart from this, this Rudraksha is also considered to be a symbol of the Tridevas – Brahma, Vishnu and Mahesh – which represent creation, preservation and destruction.

In physical terms, Rudraksha are the seeds of the Elaeocarpus Ganitrus tree, which is grown primarily in regions with spiritual heritage, including the Himalayas, Indonesia and parts of Southeast Asia. In Sanskrit, 'Rudraksha' means 'Tears of Rudra' - a name for Lord Shiva. Ancient texts describe these beads as powerful spiritual tools that aid meditation, mental clarity and well-being. The Rudraksha tree is found in high-altitude, tropical forests. Mainly found in Nepal, India and Indonesia, this Rudraksha requires specific environmental conditions such as high humidity and moderate temperatures. White flowers bloom on the tree, which later turn into fruits. When the fruit dries up, the seed, known as Rudraksha, is obtained.

## Who can wear Teen Mukhi Rudraksha?

The Teen Mukhi Rudraksha is mainly considered beneficial for people influenced by the planet Mars. For those whose horoscope has weak or inauspicious Mars, this Rudraksha proves to be highly beneficial. Apart from this, the following people can wear it:

- **Persons affected by Mars:** For those who have Mars Dosha in their horoscope, this Rudraksha is extremely beneficial. It calms their aggressive nature and increases self-confidence.

- **People suffering from mental and emotional problems:** This Rudraksha provides self-purification, stress-relief, and positive energy.
- **Especially beneficial for children:** For children, it helps in increasing self-confidence and getting good results in exams.

### **On which zodiac sign does the three-faced Rudraksha have a great effect?**

The three-faced Rudraksha has a special effect on the natives of Aries and Scorpio, because these zodiac signs are considered to be under the planet Mars. It brings mental and emotional balance in their life as well as increases self-confidence and courage.

### **Benefits of Three Faced Rudraksha**

- Self-purification and freedom from negative energy: This Rudraksha is helpful in removing the negativity inherent in the body and mind.
- Removal of Mangal Dosh: It removes the defects related to Mars and provides confidence and courage to the native.
- Increase in self-confidence: Wearing it increases self-confidence and removes mental instability.
- It removes the defect of Mars in the horoscope.
- It provides physical and mental energy to the wearer.
- It removes the wearer from negativity.
- It removes the inferiority complex inside the person.
- It gives confidence and courage to deal with situations.
- It is also useful in problems like kidney, blood, weakness, jaundice and neuron related problems etc.
- Wearing it gives benefit in stomach problems like digestion etc.
- It also benefits in skin related disorders.
- It removes depression and negativity.
- Wearing it increases wealth, property and success.
- It makes you mentally strong.
- Wearing it teaches a person the art of living in the present.
- It gives a person passion for his goal and provides new sources in his work field.
- It makes you creative and an artist.

### **Who should not wear it?**

Although the three Mukhi Rudraksha has many benefits, the following people should avoid wearing it:

- **People with calm nature:** People who are highly sensitive and calm in nature may feel unstable when wearing it.

- **People who are unable to control anger:** This Rudraksha increases energy, so it can excite those who have anger problems.

### **How to wear Three Mukhi Rudraksha ?**

- **Take care of purity:** Before wearing the Rudraksha, bathe it with pure water or Gangajal.
- **Chant mantra:** Wear it while chanting the mantra "Om Namah Shivaya".
- **Time:** It is considered auspicious to wear it on Tuesday.
- **Location:** Keep it in direct contact with the skin, so that its energy can be absorbed to the maximum.

### **Can it cause any harm?**

If worn with the right method and pure feelings, this Rudraksha does not cause any harm. But if it is worn for improper purpose or without the method, it can cause mental instability and emotional excitement.

### **Properties and Colors of Teen Mukhi Rudraksha**

The Teen Mukhi Rudraksha mainly has three natural lines that make it unique. Its color is usually brown or light red, and it can be easily recognized due to its attractive shape and distinctive shape. It is considered to be the standard of high quality of Rudraksha, and it is very special due to its balanced shape and attractive color.

#### **Religious and Spiritual Significance**

The religious and spiritual significance of the Teen Mukhi Rudraksha is immense. It is a symbol of the Agni Devta and wearing it not only brings purity, but also frees the person from his sins and impurities. The Teen Mukhi Rudraksha is also considered to be a symbol of Tridev – Brahma, Vishnu, Mahesh – and by wearing it, the wearer gets the benefit of their blessings. In Hinduism, it is considered a symbol of soul purification, self-confidence, and self-knowledge.

### **Astrological Benefits**

The astrological benefits of the three-faced Rudraksha are especially for those natives who are affected by the planet Mars. This Rudraksha is considered highly beneficial for people with Mangal Dosha. Its astrological benefits are as follows:

1. **Removal of Mangal Dosha:** Those who have a weak Mars in their horoscope may face mental instability, anger, and failure. Wearing the three-faced Rudraksha reduces this dosha and increases the positive effect of Mars.
2. **Increase in courage and self-confidence:** Wearing this Rudraksha increases self-confidence and the person is able to face difficult situations.
3. **Reduction in fear and instability:** The three-faced Rudraksha provides mental peace and the native gets relief from fear, stress, and anxiety.

## Importance in Vastu Shastra

In Vastu Shastra, the three-faced Rudraksha is used to promote positive energy in the home or workplace. Following are some of its major Vastu benefits:

- **Removes negative energy:** The effect of Teen Mukhi Rudraksha is on the fire element, which is helpful in destroying negative energy. Installing it in the house or office removes all kinds of negativity.
- **Spread of positivity:** Placing it in the place of worship or the main hall of the house spreads positive energy in the entire environment.
- **Symbol of health and peace:** Keeping it in the house provides health benefits and maintains harmony among the family members.

## Health and wellness benefits

Teen Mukhi Rudraksha also has many health benefits. Following are its major health and wellness benefits:

- **Strengthens the digestive system:** Wearing it improves the digestive system and provides relief from stomach related problems like indigestion, acidity, etc.
- **Reduces stress and depression:** Wearing Teen Mukhi Rudraksha gives mental peace and the person is free from depression, stress, and anxiety.
- **Boosts physical energy:** It transmits energy, which makes the body feel energetic and strong.
- **Cures skin problems:** It helps in blood purification, which also benefits skin disorders.
- **Beneficial for heart and blood pressure:** Wearing this Rudraksha also improves heart and blood pressure problems, which has a positive effect on overall health.

**Teen Mukhi Rudraksha helps in self-purification, self-confidence and mental balance. This Rudraksha is highly beneficial for people affected by Mangal Dosha. Before wearing it, it is necessary to do purification and chant mantras in the proper way. Teen Mukhi Rudraksha can be worn by anyone but it is beneficial for those people who cannot wear coral.**

**"We are fully committed to providing pure and certified Rudraksha to our customers. All our Rudraksha are made available only after testing and certification in state-of-the-art labs, so that you can get complete assurance of quality and purity."**