## Significance of pearl in Sanatan Dharma and its effects on our life

In Indian scriptures and Puranas, pearl is said to have originated from the moon. Its description is found especially in Garuda Purana and Agni Purana. It is said that when the ocean was churned, many divine things were produced along with nectar. During this time many gems were also obtained. One of these gems was pearl, which was considered the "king of gems". It was said to be a divine gem produced during the struggle of gods and demons in the depths of the ocean. When the rays of the moon fell on the waves of the ocean, their shine gave birth to pearls. Pearl was considered a gift of the moon and it was made a symbol of gentleness, purity, and peace. Pearl was considered to have cool and calm qualities like the moon, which provides mental peace and emotional stability.

Mention of pearl gem is also found in our mythological texts, which also has evidence of its use. Garuda Purana mentions that pearls are helpful in achieving Dharma, Artha, Kama, and Moksha. Wearing it removes all kinds of obstacles and brings auspiciousness in a person's life.

The use of pearls is described in Ramayana and Mahabharata, which are witnesses to its divinity, ancient existence and authenticity. Ramayana describes that pearls were used in the adornment of Lord Rama and Sita. During the Mahabharata period, Lord Krishna gifted Rukmini a necklace made of pearls at the time of marriage. Pearls are considered an integral part of royal and divine jewelry, which is a symbol of love, splendor, and gentleness.

The properties and importance of pearls are described in various texts in the scriptures. It is considered the gem of the moon and wearing it gives peace of mind, mental stability, and spiritual advancement. Pearls have been described especially in texts like Ratna Shastra, Garuda Purana, and Brihatsamhita.

### **Description of pearl in Gemology (Ratna Sagar)**

"शंकोद्भवो जलजः सौम्यो मौक्तिकनामकः। Chandramasya Manirdevi Sheetanshukiranpradah." चन्द्रमस्य मणिर्देवि शीतांश्किरणप्रदः॥"

#### Meaning:

Pearl is a gem born in water and is considered to be related to the Moon. It is a symbol of gentleness and coolness and is influenced by the rays of the moon.

#### **Property:**

- Provides peace and coolness.
- Removes mental stress and depression.

## • Description of pearl in Brihatsamhita

The Brihatsamhita written by Varahamihira mentions the pearl for its beauty and qualities.

"Shubhram shubhranshusankasham mridum snigdham susamvrtam. Mautikam Shashinah Priyam Sarvasaubhagyavardhanam. "शुभ्रं शुभ्रांश<mark>ुसंका</mark>शं मृदुं स्निग्धं सुसंवृतम्। मौक्तिकं श<mark>शिन:</mark> प्रियं सर्वसौभाग्यवर्धनम्।।"

#### **Meaning:**

Pearl is clean, bright like the moon, soft and smooth. It enhances all kinds of good fortune and is the favorite gemstone of the Moon.

#### **Property:**

- Increases wealth, good fortune and prosperity.
- Provides mental stability and patience.

## • Description of pearl in Garuda Purana

"Saumya Soumya Manirmauktikam Shashinah Dear.

"Shuddha Sheetam Ca Saumya Cha Modakam Ca Shubha Pradam."

"सौम्यं सौम्यमणिर्मौक्तिकं शशिन: प्रियं। शृद्धं शीतं च सौम्यं च मोदकं च शुभप्रदम्।।"

## **Meaning:**

Pearl is the favorite gem of the Moon, which is pure, cool, and full of gentleness. By wearing it one gets auspicious results and the mind remains happy.

#### **Property:**

- Symbol of purity and sanctity.
- Increases peace and love in married life.

#### • Mention of pearl in Agni Purana

"Jalajam mauktikam ratnam shubhram shubhranshutejasa. Chandrasyadhisthitam soumyaam shitalam hridyakarakam. "जलजं मौक्तिकं रत्नं शुभ्रं शुभ्रांशुतेजसा। चन्द्रस्याधिष्ठितं सौम्यं शीतलं हद्यकारकम्।।"

#### **Meaning:**

Pearl is a gem born in water, which is under the influence of the Moon. It is cool, gentle, and pleasing to the mind.

# **Property:**

- Provides coolness to the mind.
- Balances the heart and emotions.

#### • Importance of pearl in Ayurveda

In Ayurveda, pearl is used medicinally as "oral ash". It is mentioned in Charak and Sushruta Samhita. "Mauktikam Chandrasambhootam Shitalam Snehasamyutam. "मौक्तिकं चन्द्रसम्भूतं शीतलं स्नेहसंयुतम्। Balyaam Vrishyam Cha Hridyaam Cha Tridoshnivaranam." बल्यं वृष्यं च हृद्यं च त्रिदोषनिवारणम्।।"

#### Meaning:

Pearl is as cool and affectionate as the moon. It provides strength to the body, keeps the heart healthy, and relieves Tridosha (Vata, Pitta, Kapha).

# **Medicinal Properties:**

- Useful in stress, insomnia and high blood pressure.
- Beneficial in skin diseases and heart problems.

#### • Description of pearl in Brihadratnakara

"Svachham Sheetam Cha Soumyaam Cha Mautikam Shubhalakshanam. Shashinah priyam ratnam sukhasamriddhidayakam.

"स्वच्छं शीतं च सौम्यं च मौक्तिकं शुभलक्षणम्। शशिन: प्रियं रत्नं सुखसमृद्धिदायकम्॥"

#### **Meaning:**

Pearl is a clean, cool and auspicious gem. It is the favorite gemstone of Moon, which provides happiness and prosperity.

#### **Property:**

- Auspicious results.
- Brings peace in family and personal life.

#### Importance of pearl in Astrology

According to astrology, pearl is worn to improve the inauspicious position of the Moon and bring positive effects.

"चन्द्रमौलि: प्रियो मौक्तिकं शुभ्रं शीतलकारकम्। Saumya Saubhagyasampannam Dharanam Cha Shubhapradam. "चन्द्रमौलि: प्रियो मौक्तिकं शुभ्रं शीतलकारकम्। सौम्यं सौभाग्यसंपन्नं धारणं च शुभप्रदम्।।"

#### **Meaning:**

Pearl is the favorite gem of Moon, which provides coolness and auspiciousness. Wearing it brings good fortune and peace.

#### **Astrological Benefits:**

- Removes problems arising from weakness of the Moon.
- Increases mental stability and self-confidence.

Pearl is considered to be a wonderful gift of nature. It is formed through biological and chemical processes inside the sea creature, oyster. It is also called the "Queen of Gems". Pearl has been mentioned in ancient texts as a symbol of beauty, wealth, and spirituality. Pearl is a mixture of calcium carbonate and organic substances. The colors vary such as white, cream, pink, light yellow, and black and its shine makes it extremely attractive.

The origin of pearl is a natural process that takes place inside oysters living in the sea or lakes. When any external particle (such as a sand particle or parasite) enters the oyster, the oyster recognizes it as a threat. The oyster secretes a substance called "nacre" from inside itself. This substance accumulates layer by layer around that particle. Over time, this layer takes on a shiny and hard form, which we call pearl.

# Natural and artificial pearls:

- Natural pearl: Developed entirely in nature without any human intervention.
- Cultured pearls: It is made from particles inserted by humans inside an oyster. It looks like a natural pearl but involves an external process.

# Types of pearls

# Natural pearls:

- ✓ Spontaneously developed in the sea, river or lake.
- ✓ Most rare and expensive.

# **Cultured pearls:**

- ✓ Made by cultivating oysters.
- ✓ More popular in the market.

# Freshwater pearls:

- ✓ Found in lakes and ponds.
- ✓ Cheaper and available in a wide variety of colours.

#### Sea pearls:

✓ High quality pearls found in the sea.

#### **South Sea pearls:**

- ✓ Found in Australia and Indonesia.
- ✓ Famous for large size and golden colour.

#### Tahitian pearls:

- ✓ Found in Tahiti and French Polynesia.
- ✓ In shades of black and green.

It is important to know about the shapes of pearls and their characteristics as their shape, quality, and usage are valued from different perspectives. Let us discuss these aspects in detail:

# Which is better among round and oblong shaped pearls?

# **Round Shaped Pearls:**

- Round pearls are traditionally considered to be more superior and valuable.
- It symbolizes the moon and is effective from the perspective of mental peace and beauty.
- Round pearls are more popular in cosmetics and jewellery.
- It symbolizes harmony and balance.

#### **Long Shaped Pearls:**

- Long (drop or oval) shaped pearls are considered to be special and unique.
- It represents uniqueness and looks attractive.
- Oblong pearls are specially used for making necklaces or decorations.

• It adds modernity and style to the jewellery. Advantages: Round pearls are best suited for traditional and astrological use, while long pearls are considered suitable for beauty and exclusivity.

## **Identifying genuine pearls**

#### Ways to identify natural and genuine pearls:

- ✓ Colour and lustre: Genuine pearls have a soft and natural lustre, which is different from the lustre of fake pearls.
- ✓ Surface: Genuine pearls have a smooth surface, but may have a slightly rough texture when viewed closely.
- ✓ Tooth test: Genuine pearls feel slightly rough when rubbed between the teeth, while fake pearls feel smooth.
- ✓ Variation in size: Natural pearls are not exactly of the same size. If all the pearls are of the same size, then it is probably artificial.
- ✓ Light and heavy: Genuine pearls are comparatively light in weight.

# If all the pearls are of the same size, are they natural?

- Slight variation in size is normal in natural pearls as they develop in nature without any external interference.
- If all the pearls are of exactly the same size, colour and texture, they are most likely artificial or cultured pearls.
- Slight irregularities in natural pearls are their true identity.

# How are long pearls superior?

## **Distinctive features:**

- ✓ Attractiveness: Long pearls have a distinctive shape, which makes them stand out in jewellery.
- ✓ Power and use: Long pearls are used to make meditation and spiritual beads.
- ✓ Suitability for use:
- ✓ Long pearls are especially suitable for individuals who want to create their own unique identity.
- ✓ It symbolizes high energy and creativity.

## From a religious point of view:

✓ Wearing long pearls in a bead increases meditation, concentration and spiritual energy.

# What is a sea pearl?

Sea pearl is a natural gemstone formed inside the oyster, which is mainly composed of calcium carbonate.

- It symbolizes the powers associated with water.
- Pearls with white color and round shape are considered more pure.
- It is extracted from the sea and is highly valued from religious, astrological and aesthetic point of view.

## For which planet is it useful?

## Samudra pearl is the gemstone of the planet Moon.

- Moon symbolizes mental peace, emotional stability and coolness.
- If the Moon is weak or in an inauspicious position in the horoscope, then it is advisable to wear pearl.

## **Basic characteristics**

• Colour: White, cream or light pink.

- Energy: It is a source of positive and cool energy.
- Properties: It promotes gentleness, patience, compassion, and mental balance.
- Fragrance: Some high quality pearls have a light marine fragrance.

# Its importance from health and spiritual point of view Health

- ✓ Reduces mental stress.
- ✓ Cures sleep related problems.
- ✓ Helps in controlling blood pressure.
- ✓ Cures skin diseases.

#### Spiritual point of view

- ✓ Wearing it increases mental peace and meditation.
- ✓ It takes a person closer to inner peace and God.
- ✓ Protects from negative energies.

## What are the benefits of wearing its mala in the life of a person?

- ✓ Provides psychological peace and stability.
- ✓ Increases harmony in family and marital relations.
- ✓ Attracts good luck and prosperity.
- ✓ Brings success in education, arts, and creativity.
- ✓ Eliminates negativity and promotes positivity.

# Who should wear it and when?

#### Who should wear it:

- ✓ Those who have mental stress and emotional instability.
- ✓ Those who have a weak moon in their horoscope.
- ✓ Those who have sleep problems or excessive anxiety.
- ✓ Cancer, Taurus and Pisces people.

#### When should it be worn:

- ✓ On Monday, an auspicious day of the moon.
- ✓ On any auspicious date of Shukla Paksha.
- ✓ Before wearing it, do puja and purify it with cow's milk.

## Positive and negative aspects

### **Positive aspects:**

- ✓ Provides mental balance.
- ✓ Increases compassion, love and peace.
- ✓ Improves physical and mental health.

#### **Negative aspects:**

- It can cause mental instability if worn by the wrong person or at an inauspicious time.
- Poor quality pearl can promote negative energies.
- Sometimes it leads to excessive sensitivity.

## **Maintenance and Protection**

- ✓ **Cleaning:** Clean the pearl by dipping it in a mild soap solution and wiping it with a soft cloth.
- ✓ **Storage:** Keep it wrapped in a soft cloth separately from other hard gemstones and metals.
- ✓ **Chemical protection:** Avoid perfumes, creams, and other chemicals as these can harm its shine.
- ✓ **Energy purification:** Regularly purify it with Gangajal or Gaumutra.

According to the scriptures, pearl is a symbol of purity, coolness, and auspiciousness. It not only solves problems related to the moon but also provides mental, physical, and spiritual benefits. The verses mentioned in the scriptures explain the greatness of pearl and the importance of wearing it.

Samudrik pearl should be worn with correct astrological consultation and in an auspicious time. It is extremely beneficial for mental and physical health as well as spiritual advancement.

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